

**441—117.7(237) Required in-service training.**

**117.7(1) Providers of in-service training.** Foster parent in-service training may be provided by the department, a licensed child-placing or child-caring agency, or an agency, institution, or association with expertise in any of the content areas in subrule 117.7(2), paragraph “a.” Agencies, institutions, or associations wishing to have a foster parent in-service training program or workshop approved shall submit application materials pursuant to rules 441—117.3(237) and 441—117.4(237).

**117.7(2) In-service training program approval requirements:**

*a. Content.* The program shall relate to the foster parent’s role in providing foster care and the skills needed by a foster parent. Training shall address one or more of the following topics:

Adolescence.

Adoption issues.

Cardiopulmonary resuscitation (CPR) or first aid.

Child abuse dynamics and effects.

Child abuse identification and reporting.

Child development.

Communication.

Confidentiality.

Conflict resolution in the family.

Crisis intervention.

Discipline and behavior management.

Educational needs of all children in foster care and working with the educational system.

Emotional and mental health needs of children and working with the mental health system.

Family dynamics.

Health needs of children in foster care and working with the medical system.

Identification, utilization and role of support systems.

Impact of physical abuse, neglect and sexual abuse.

Independent living skill training.

Juvenile court process.

Lifebooks.

Medical management for children.

Mental retardation and developmental disabilities in childhood.

Parenting.

Participation in juvenile court hearings.

Participation in foster care reviews.

Passive restraint of children.

Permanency planning.

Physical disabilities in children.

Physical therapy with children.

Record keeping for foster care.

Role of guardian ad litem and court appointed special advocate (CASA).

Self-care skill training with children.

Separation and attachment.

Sexuality of children.

Sign language.

Stress and foster parenting.

Substance abuse in children.

Suicide prevention with children.

Teamwork and team approach to foster care case planning.

Understanding, supporting, and working with the child’s birth family.

Use of community resources for children and families.

Other topics related to foster parenting or the needs of a child in placement.

*b. Method.* The training shall be provided through one or more of the following methods:

- (1) Face-to-face training to a group.
- (2) Face-to-face training to an individual foster family.
- (3) Written materials.
- (4) Movies or videotapes.

*c. Credit hours.* Credit hours for approved training shall be as follows:

- (1) Group training shall receive one credit hour for each face-to-face contact hour.
- (2) Written materials shall receive one credit hour for each 100 pages.
- (3) Movies or videotapes shall receive one credit hour for each two program hours.
- (4) College courses shall receive one credit hour for each college credit hour.
- (5) Self Instructional Pieces shall receive one credit hour per piece.

*d. Approved training.* The following training programs shall be considered as meeting the in-service training requirements:

- (1) Workshops offered at the Iowa Association of Foster and Adoptive Parents' annual state conference.
- (2) Workshops offered at the National Foster Parent Association's annual conference.
- (3) Rescinded IAB 8/9/89, effective 10/1/89.
- (4) Self Instructional Piece Series (SIPS) published by American Foster Care Resources, Inc.